

# FREE COMMUNITY INFORMATION SESSIONS

## *Know & Protect Your Rights*

Older people across Gippsland are invited to attend a free information session on how to help protect and safeguard their rights.

A speaker from Seniors Rights Victoria will provide information on the topic of elder abuse and will outline the free help and services available.

*10 sessions are being held across Gippsland during August & September*

**Wednesday 4<sup>th</sup> August**

10.30am – 12pm West Gippsland Healthcare Group, Warragul

**Tuesday 10<sup>th</sup> August**

2.30pm – 4pm Cowes Cultural Centre, Cowes

**Wednesday 11<sup>th</sup> August**

10am – 11.30am Inverloch Community Hub, Inverloch

1.00pm – 2.30pm UnitingCare Gippsland, Leongatha

**Thursday 16<sup>th</sup> September**

2pm – 3.30pm Latrobe Community Health Service, Traralgon

**Friday 17<sup>th</sup> September**

10am – 11.30am Central Gippsland Health Service, Sale

1.30pm – 3pm WSC Service Centre, Yarram

**Wednesday 29<sup>th</sup> September**

2.30pm – 4pm Orbost Neighbourhood House, Orbost

**Thursday 30<sup>th</sup> September**

10am – 11.30am GLCH, Lakes Entrance

1pm – 2.30pm St Mary's Parish Hall, Bairnsdale

Please contact Rachael Dooley to register for a session or for further information about the project on 51438868 or

[rachael.dooley@cghs.com.au](mailto:rachael.dooley@cghs.com.au)



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