

Wellington Primary Care Partnership










Wellington Health Promotion Network Minutes

21st December 2010
9.30am – 11am
Conference Room
CGHS

Chair: Rachael Dooley **Minutes:** Rachael Dooley

Attendees:
Linde Coggan – Health Promotion Officer, Central Gippsland Health Service (CGHS)
Rachael Dooley - Health Promotion Coordinator, Wellington Primary Care Partnership
Renee Heath- Health Promotion Officer, CGHS/WPCP
Sheryl McHugh – Transport Connections, Wellington Shire Council
Leanne Wishart – Rural Access Project Officer, Wellington Shire Council
Marieta Sears – School nurse, Maffra Secondary College
Jenny Feist – Health Promotion Officer, Yarram & District Health Service
Catherine Vassiliou – Best Start Facilitator, UnitingCare Gippsland
Rebecca Lade – Project Officer, Wellington Primary Care Partnership
Roger Spencer – Primary School Nurse
Stacey Smith – Gippsland Oral Health Consortium, Latrobe Community Health Service
Kelly Day – Project Officer, East Gippsland Primary Healthcare Alliance

1:	Welcome	Action
1.1	<p>Apologies Jo Cockwill, Margaret Brereton, Jodie Pullman, Linda Curtis, Deb Milligan, David Roberts, Kylie Traill, Nicole Watson, Stephanie Cohen, Jan Tracey, James Hill, Debbie Mitchell</p>	
1.2	<p>Introductions Welcome to; Leanne Wishart –Rural Access Project Officer, WSC Catherine Vassiliou – Best Start Facilitator, UnitingCare Gippsland Stacey Smith – Gippsland Oral Health Consortium Roger Spencer – Primary School Nurse</p>	
2	<p>Confirmation of previous minutes (19th October 2010) Confirmed: Jenny Feist Seconded: Sheryl McHugh</p>	
3:	<p>Business Arising (actions from previous meeting)</p>	
3.1	<p>Integrated Health Promotion Evaluation & Reporting: A revised Approach The Department of Health Head Office has released a communiqué outlining the revised approach to evaluation and reporting for integrated health promotion. The revised approach is particularly pertinent to the Department of Health funded agencies as it requires the development of an evaluation plan and program logic for one objective. Evaluation plans have to be submitted at the end of February.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Communique </div> <div style="text-align: center;">  Framework </div> <div style="text-align: center;">  Examples </div> </div>	<p><i>Rachael to arrange meeting with CGHS & YDHS to discuss evaluation plans</i></p> <p><i>Rachael to circulate communiqué and relevant documents with minutes</i></p>
3.2	<p>Review & Update of Plan Members are encouraged to review the plan as it is an evolving document and it is important that it is kept up to date and reflects what agencies are working on or towards.</p>	<p><i>Members to review Wellington Health Promotion Catchment Plan and email updates and/or</i></p>

		<i>changes to Rachael</i>
4:	General Business	
4.1	<p>Best Start Project Catherine commenced in the Best Start Facilitator role in September 2010. Best Start is an initiative of the Department of Education and Early Childhood Development and UnitingCare Gippsland has received recurrent funding to implement the Best Start program in Wellington. The program has previously been implemented in Wellington however with the changes to the funding structure there has also been a shift to a more strategic focus. The program targets children aged 0 – 8 around three domains; health and wellbeing, learning and development and safety. There are a total of 15 indicators, and three indicators have been selected by the WPCP member agencies which were informed by a data analysis conducted by Catherine. The indicators are; increasing breastfeeding rates, increasing participation in kindergarten and increasing social support. There will be a forum in February to develop the action plan.</p> <p>catherine.vassiliou@ucgipps.org.au</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Best Start Data - Wellington </div> <div style="text-align: center;">  Best Start Indicators Summary </div> </div>	<p><i>Rachael to circulate Best Start information with minutes</i></p> <p><i>Members encouraged to participate in forum in February to develop the action plan</i></p>
4.2	<p>Oral Health Consortium – Stacey Smith Stacey recently commenced in the role to implement the Gippsland Oral Health Plan (LCHS lead agency). The Oral Health Consortium was established to lead and coordinate standardised practices and models of care including innovative approaches to workforce issues and outreach service models across the region. The Gippsland Oral Health Plan outlines seven key areas, one of which is Oral Health Promotion. Stacey is currently mapping what is happening across the region in Oral Health Promotion. UnitingCare Gippsland has an arrangement with a dental clinic in which their clients can access dental services once a fortnight during an allocated time. Gippsland Oral Health Plan http://www.dhs.vic.gov.au/_data/assets/pdf_file/0015/347010/Gippsland-Oral-Health-Plan-March-2009.pdf</p>	<p><i>Rachael to circulate the link to Oral Health Plan with the minutes</i></p> <p><i>Members encouraged to contact Stacey regarding any oral health promotion activity currently occurring</i></p>
5	Reports	
5.1	<p>Gippsland Health Promotion Task Group – see report embedded</p> <ul style="list-style-type: none"> • Draft action plan • Case Studies – DH Highlights • Training Needs Analysis • Research and Evaluation Support Fund <div style="text-align: center;">  GHPTG Report </div>	
5.2	<p>Research & Practice Forum – see report embedded</p> <ul style="list-style-type: none"> • Men's Shed Evaluation Forum held in November • February 8th 2011 – Healthy Choices: Food & Drink Guidelines for hospitals • 2011 Gippsland Health Promotion Conference <div style="text-align: center;">  Research & Practice Forum Report </div>	

Project Updates

Roger

- Recruiting for schools nurses in Bairnsdale, Swifts Creek and Traralgon
- Comprehensive questionnaire completed with all prep students at the beginning of term one. Question included about kindergarten attendance. Work is then focused with those identified as high risk.

Leanne

- Commenced in role on the 20th December
- Role around increasing access and inclusion for people who have a disability
- Will be having a display in the shopping centre late January based around a disability employment program
- There have been a Community Inclusion Kit developed which will be placed on the DPCD website

Leanne to email link to Rachael for the Community Inclusion Kit when it is uploaded on the website

Sheryl

- Medical companion program – anyone travelling to Melbourne via public transport for medical appointments can book a travel companion who will meet them at the train and assist them to navigate their way to their appointments. Travellers Aid will be training volunteers in February and the program will be launched in March.
- Talking Transport Project in Partnership with Scope
- Holiday bus program will run again
- Transport Trials extended (maffra town service & Boisdale/Briagolong/Stratford until April 2011 and it is hoped that one of the two services will become a permanent service.
- Bus Safety Act – changes effective from 31st December. Implications for both community transport and private providers.
<http://www.ptsv.vic.gov.au/>
- Active Transport Strategy – would like to further explore the opportunities to develop an active transport strategy at WSC. Mount Alexander Shire have developed a walking and cycling strategy.
[Mount Alexander Walking and Cycling Strategy and associated presentations](#)
- Walking School Bus Coordinator position ceased within WSC

Renee

- Community garden – WSC grant application successful for a community garden at the Five Star project
- School gardens – evaluation design and tools
- Neighbourhood House Walktober Challenge held in October in partnership with GippSport
- Heart Foundation Walking – 4 groups registered
- Smiles 4 Miles – 6 preschools awarded and looking to involve all preschools next year
- Health Promoting Health Service – Introduction to Health Promotion Workshop to CEO and interested staff

Linde

- Implementing Kids Go for your Life. Only four primary schools across the catchment not members of the program. Gippsland Grammar recently received award status.
- Community Kitchens – Concluded for 2010 and will recommence in 2011. Evaluation data collected prior to the program and data post program will also be gathered.
- Health Promoting Health Services – Supporting kiosk to make healthy

	<ul style="list-style-type: none"> changes <ul style="list-style-type: none"> ▪ Going on maternity leave in April <p><u>Jenny</u></p> <ul style="list-style-type: none"> ▪ Community Harvest Trial with VicRelief Food Bank – community grow an extra row of vegetables and donate them ▪ Woodside Gift – YDHS coordinated bike ride. ▪ Health promoting health services ▪ Planning for women’s forum to be held in September/October 2011 ▪ Women of Interest group – opportunity to coordinate activities across the region ▪ FHL – evaluation support by MUDRIH and currently working on the thematic analysis. Presentation delivered at the Gippsland Mental Health Conference and abstract accepted for a poster presentation at the Australian Health Promotion Conference in April ▪ Lake side project including indigenous planting and outdoor gym <p><u>Rebecca</u></p> <ul style="list-style-type: none"> ▪ Food access project ▪ Working with Bill Haigh from WSC to map the data collected ▪ Identifying food access strategies currently in place ▪ Developing a report with the findings <p><u>Kelly</u></p> <ul style="list-style-type: none"> ▪ Attended the AGPN Beyond Blue Forum and a paper has been developed around the need to have an outreach worker position funded ongoing not just attached to drought or other natural disasters. ▪ Attended the AGPN Conference in Perth ▪ Life – extra facilitators have been trained. Program target groups have been expanded ▪ Women’s Camp held in November ▪ Family camp to be held in the new year <p><u>Marieta</u></p> <ul style="list-style-type: none"> ▪ Developed annual action plan. Three priority areas; mental health and wellbeing, social connection and sexual and reproductive health ▪ Fundraising for adolescent play equipment ▪ Interest to establish a vegetable garden, no research available for benefits in secondary schools and few funding opportunities. 	
6	Other Items No items noted	
7	Next Meeting Tuesday 15th February 9.30am – 11.30am (extended to 2 hours rather than 1 1/2) Conference Room, Central Gippsland Health Service	
8	Meeting Closed 11.30am	