

Wellington Health Promotion Network



Meeting Minutes

27 October 2009
3.00pm – 4.30 pm
CGHS Conference Room

Facilitators:	Brett Belot/Rachael Dooley	Minutes:	Renee Heath
----------------------	----------------------------	-----------------	-------------

Attendees:	Jo Cockwill Rachael Dooley Ruth Churchill Brett Belot Debbie Mitchell Margaret Brereton Patrick Kilday Jan Tracey Sally Derham Catherine Renee Heath Sheryl McHugh James Hill Suzette Fullerton	WPCP Manager WPCP Health Promotion Coordinator Central Gippsland Health Service (CGHS) Kids Go For Your Life/WPCP DoH Wellington SC GippSport Program Coordinator GWHS Kilmany Uniting Care Student Placement GWHS Smiles for Miles Coordinator Transport Connections WSC Gippsport AAA Program Coordinator DSE
-------------------	--	--

Apologies	Jenny Feist Clare Heath Frances Ford Jodie Pullman Jim Goode Brenda-Mae Cartwright Sarah O'Brien Brenton Wight	YDHS Schools Focussed Youth Network Rural Access WSC GWHS Walking School Bus Coordinator CGHS Dietitian LivingWell Sale Baptist Church Bluearth
------------------	---	--

Agenda

1:	WELCOME TO ATTENDEES All members of the Wellington Health Promotion Network	<i>Brett</i>
2	Formation of proposed Health Promotion Network <ul style="list-style-type: none"> - Survey results - Discussion <p>2.1 Welcome all to the first meeting of the new Health Promotion Network. The results of the September survey on the establishment of a health promotion network to support local program and projects was discussed. Further discussion on the structure of the network revealed that participants wanted an information sharing network/action oriented as well as advocacy and influence.</p> <p>Bi-monthly meetings were most favourable, preferably early in the morning around 9.30am. This will be reviewed after 6 months. The same venue and time was also suggested. Attendees wanted their work priorities around Physical Activity, Nutrition and Mental wellbeing reflected in the WPCP health promotion plan.</p>	<i>Brett</i>

3:	<p>Integrated Health Promotion Catchment Plan 2009 – 2012</p> <p>Review draft</p> <p>3.1 Debbie Mitchell gave an overview of the regional integrated health promotion planning process, with a focus on the 3 priority areas of Physical Activity, Nutrition and Mental Wellbeing. This included the intervention and evaluation tools required to measure the impacts of the priority areas. These are available on the DoH Gippsland website.</p> <p>3.2 Rachael presented a draft copy of the Wellington Health Promotion Catchment Plan 2009 - 2012. This plan will reflect the work of WPCP member agencies around the 3 priority areas. Rachael asked for feedback on the draft plan by 10th November 2009. An overview of the strategic plan was presented with suggestions being made to color code the 3 priority areas and include a map of the Wellington catchment on the front.</p> <p>3.3 Jo spoke about including capacity building strategies for member agencies within the plan. These strategies can reflect agency skill, resource and knowledge requirements for projects and programs. There was discussion around how to do effective qualitative analysis. What training is required and what tools do we need to use?</p> <p>3.4 Attendees were asked to contribute to the WPCP monthly newsletter with upcoming events, workshops, etc...Please send all information to Jo, Rachael or Brett.</p>	<p><i>Deb/Jo</i></p> <p><i>Rachael</i></p>
4:	<p>Other Items – Events/Agency Information</p> <ul style="list-style-type: none"> • Healthy Travel Planning Day – March 2010, Sheryl McHugh. • Sheryl would like to research active transport in terms of health and wellbeing outcomes. • Planning information • Deb Mitchell mentioned that \$60,000 was available to buy expertise on evaluation linked to the catchment plan priorities, contact Deb. • James mentioned that a mentoring program was starting with people with a disability in Yarram. This will be with Mirradong and Yarram Secondary College. Also, a disability awareness program called wheeltalk was taking place in local Schools in conjunction with Frances Ford. • Margaret said that the Municipal Early Years Plan (MEYP) will be sent to the WPCP for comment this week. A steering committee is being convened to have input into the Municipal Public Health Plan (MPHP). • Patrick was meeting with Ramahyuck to discuss the possibility of forming an indigenous sport and recreation committee in the Wellington Shire. • Jan mentioned White Ribbon day. Men taking the lead on the prevention of violence against women on 25th November. <p>Next Meeting: Tuesday 15th December 9.30am – 11.00am Central Gippsland Health Service – Community Services Building – Conference Room.</p>	<p><i>All</i></p>