



Welcome to our Winter edition of the Wellington Primary Care Partnership newsletter...

New Executive Officer at the WPCP

Karen McLennan

Congratulation to Angie Collins who has been appointment the Executive Officer of the Wellington Primary Care Partnership.

Angie commenced in the role full time as of Monday 25 May 2015 but was be available on a part time basis prior to this date. Angie brings to the position a wealth of experience in the health sector as well as a strong understanding of the strategic direction and operational processes within the WPCP. Angie is looking forward to processing the information received through the recent WPCP partnership survey. Please make Angie feel welcome in this new role.

Message from the new EO

Angie Collins

I am thrilled to be appointed the Executive Officer of the Wellington Primary Care Partnership. I have worked in health related fields for the past 22 years and look forward to sharing my experiences and knowledge. I am excited to be working with all our partner agencies and thank you all for this opportunity.

I hope I can catch up with each of our partner agencies in the near



Staffing

The WPCP currently have two positions vacant:

- Health Promotion Coordinator (0.8 to full time negotiable)
- Partnerships Coordinator - Service Coordination and Chronic Disease Management (0.5 - 0.8 EFT)

Applications for both positions close on Wednesday 3 June 2015 with interviews to be held shortly afterwards. See our website for more information www.wellingtonpcp.com.au

Rebecca Lade (Bec) commenced working with us in April as

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Health Promotion Coordinator and has been busy working with the Healthy Wellington Action Group.

Bec is a Dietitian who has just started practicing privately in Gippsland, having completed both a Bachelor of Biomedical Science and Bachelor of Nutrition and Dietetics.

She will continue working 0.4 EFT with us until the end of June when she will leave to focus on her business Intrinsic Nutrition.

www.intrinsicnutrition.com.au



Funding Application Achievement Program

A funding application to enhance the work of Healthy Together Victoria was submitted by WPCP and their member agencies to the Department of Health and Human Services (DHHS).

The application focused on employing a Health Promotion worker to develop strategies to recruit workplaces to sign up and achieve the milestones of the Achievement Program.

DHHS has informed the WPCP Chair, Karen McLennan, that the WPCP was successful in their application for \$70,000. Karen congratulated everyone involved and thanked them for their work.



Gippsland Health Summit

26 - 27 June 2015 at the Esso BHP Wellington Entertainment Centre "The Wedge", Foster St. Sale.

The Gippsland Health Summit is a conference for everyone interested in getting the best from our health care system in Gippsland.

The Summit will focus on patients, medical and health practitioners working together for better health outcomes in our community.

The Summit will include:

- Public Forum Friday 26 June 4.00pm to 6:30pm
- Professionals Summit Dinner, Friday 26 June 7.00pm, Keynote speaker - Dr Tasha Stanton
- Professionals Conference Saturday 27 June 9.00am to 5.00pm, including various Keynotes.

For the full program go to www.gippslandhealthsummit.com.au

Training opportunities

This week the Wellington Shire is running Grant Information sessions on Wednesday 3 June 2015 at Gippsland Regional Sports Complex.

Sessions are at 10.00 am to 11.00 am or 6.00 pm to 7.00 pm. There is also an opportunity to have a one on one session between 12.00 and 5.00 pm on a grant you may be working on. Please contact the Shire on 1300 366 244 to book for these sessions. Ask for Dean Hardisty or Meg Capurso.

There will be a workshop about Recruiting and Retaining Volunteers on Wednesday 10 June 2015 at the Gippsland Regional Sports Complex from 6.00 to 7.30 pm. This is a GippSport workshop and you should register by ringing Kim on 51 358335 or email info@gippsport.com.au

On Thursday 18 June 2015, Wellington Shire have another two workshops about 'Who's who on a committee?' One session is in Yarram at 10.00 until 12.00 and the other in Sale from 7.00 to 9.00pm. To register for that training contact Dean Hardisty or Meg Capurso on 1300 366 244.

Elder Abuse Prevention

Elder abuse is much more common than our society has traditionally admitted. Much of the problem has been hidden, undefined and under reported. While elder abuse is not a new problem, our society is increasingly recognising and describing 'elder abuse' as a range of situations involving the maltreatment or neglect of older people by people they should be able to trust, such as family and friends.

The Victorian Government is acting to overcome elder abuse by working with service providers, professionals and the community through the Elder Abuse Prevention and Response Initiative. This online training has been initiated to assist in building the capacity of the Victorian workforce to identify and respond to elder abuse and is based on the Victorian Government Practice Guide, With respect to age 2009.

The course will take 1.5 to 2 hours to complete and is free of charge. It includes a range of case studies, some in video format to illustrate these concepts and there is a short assessment at the end. Participants are required to register for the course and will be issued with a certificate upon successful completion of the course and assessment.

This course is targeted at anyone working with older people.

Click on this link to take you to the course portal: <http://elderabuseprevention.e3learning.com.au>

Wellington Primary Care Partnership has an Elder Abuse Prevention information kit on their website <http://www.wellingtonpcp.com.au/resource-unit/general-publications>

The United Nations General Assembly has designated June 15 as World Elder Abuse Awareness Day.

Vision Australia

Vision Australia are now taking referrals through S2S. Although they are based in Warragul they offer services to consumers all over Gippsland including home visits.

Spread the word about Vision Australia services amongst your member agencies. They are happy to come and give education session to groups of Clients and/or professional groups about what services they offer.

If you have any questions, contact their consultants:

Fiona Jackson, Occupational Therapist
Vision Australia

ph. 5623 0100 or fiona.jackson@visionaustralia.org

Deb Deshayes, Regional Manager, Eastern Victoria/Gippsland & Quality Living Program

Vision Australia

Ph: 5623 0105, Mobile 0409 257 501 or Debbie.deshayes@visionaustralia.org

Website www.visionaustralia.org.au

Vision Australia 1300 84 74 66

Cultural Diversity Training



**Victorian Transcultural
MENTAL HEALTH**

Victorian Transcultural Mental Health are conducting free training at Latrobe Community Health Services in Sale on August 15: Introduction to Cultural Responsiveness in Mental Health Services.

This one day workshop aims to introduce mental health professionals in the Sale / Latrobe Valley area, to cultural responsiveness.

In this workshop, participants will explore:

- The role of population health in understanding cultural diversity;
- Health outcomes, social disadvantage, and inequality in the mental health system;
- Psycho-social influences on mental health and well-being;
- Culture, power, access and equity in mental health care; The role of community development in challenging disadvantage and inequality;

- Knowledge and skills to support culturally responsive structures and practices.

The workshop intended for all specialist mental health practitioners, consumer and carer advocates, and other health and community workers delivering mental health, community support and welfare services. Students of mental health and welfare related studies are also welcome to apply.

Register at <http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=129253>

For more information about this event, contact:

Kate Fagnani, Administration and Events Coordinator on (03) 9231 3245 or vtmh@svha.org.au

What are e-cigarettes?

Information from the Heart Foundation

They are a battery powered vaporizer used to simulate tobacco smoking. Although they don't contain tobacco leaves, they often contain nicotine – the addictive constituent of tobacco - as well as a solution of chemicals such as propylene glycol, glycerine and flavourings. Essentially, the battery powers a heating element which atomizes the liquid solution into a vapour which the user then breathes into their lungs.

Why should they be regulated?

We are calling for e-cigarettes to be regulated because the health impact of these new products is currently unknown and they should be subject to proper evaluation before they are widely taken up as a substitute for tobacco smoking. We want the retail sale of electronic cigarettes restricted - especially sale to children and we want smoke-free laws in each state and territory to cover electronic cigarette use to protect non-users from exposure to the chemical vapours.

Many e-cigarette companies are owned by cigarette manufacturers and distributors and appear to be using the same marketing techniques and tactics used by the tobacco industry to drive up smoking rates before strict tobacco legislation was enacted over 40 years ago. These techniques and tactics include trying to associate e-cigarettes with glamour and celebrities, as well as making unsubstantiated health claims.

E-cigarettes also alarmingly come in child attractive flavourings such as chocolate and apple. Our greatest concern is that without laws limiting the sale and promotion of e-cigarettes that they could again normalise smoking for children, resulting in new generations of Australians becoming addicted to nicotine.

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So what are we doing to stop E-Cigarettes?

As Australia's leading heart health charity we are calling for the regulation of the sale, promotion and use of e-cigarettes through State and Commonwealth government legislation. We are further asking all governments to address the loopholes in current State and Commonwealth legislation that allows e-cigarettes to be sold without packaging and labelling which provide the user with appropriate warnings and accurate information about which chemicals are in the vapours e-cigarette users inhale.



headspace Morwell has moved



The new headspace Morwell site opened on Monday 25 May. Developed in consultation with the headspace Youth Advisory Group, the site features improved facilities for young people accessing free, confidential healthcare and support.

You will now find them at the Corner of Hazelwood Road and George Street, Morwell. Same hours, same great service, same great staff, now just a new, nicer office. Drop in for a look.

Walk and Talk in Rosedale

Want to boost your fitness but not sure where to start?

Join Rosemary, a Heart Foundation Volunteer, for a weekly walk around Rosedale. It's a fun way to include some regular exercise into your life and is perfect for those who love a chat.

All Ages & Fitness Levels Welcome

Every Friday at 10:00am and it's FREE

Depart from Rosedale Neighbourhood House

Phone: 5199 2595

ROSEDALE NEIGHBOURHOOD HOUSE, 2-8 Cansick St, Rosedale phone (03)5199 2595
email rnh.volunteer@gmail.com

WPCP Contact Details

Postal address: 155 Guthridge Parade, Sale

Name:	Phone:	Email:	Business Meetings for 2015 CGHS Lecture Hall, 10am-12pm	
Karen McLennan	5142 3335	karen.mclennan@cghs.com.au	27 July	28 September
Angie Collins Executive Officer	5143 8845 0437 353956	angie.collins@cghs.com.au	23 November	
Claire Haines Administration	5143 8831	claire.haines@cghs.com.au	Healthy Wellington Meetings 2015, WSC, 70 Foster Street, SALE	
			11 August	10 November